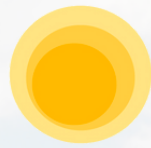


OOOFC's RPS Refresher Course



ON OUR OWN
Frederick

PRESENTED BY:

On Our Own
of Frederick County

22 S Market Street, Suite 110
Frederick, MD 21701

FACILITATORS:

Jill Krisnitsky, CPRS, RPS

Lorenzo Jones, CPRS

Course Overview

The OOOFC RPS Refresher Course- reviews the principles of recovery and of being a Registered Peer Supervisor which helps to transform individuals' lives. This course is designed to provide a refresher for the RPS in the peer supervision process.

Additional, we will address the information needed to complete your RPS recertification through the MABPCB board. The course will discuss leadership and mentorship, SMART Goals and setting goals with those you supervise.

This course is designed to review boundaries and ethics between the RPS and the peer. Together we will identify types of supervision, group supervision and the structure of them. We will review why supervising peer staff is critical for success. The course will review the importance of self care as a leader and as self care plan.

Additionally the course will go over how to create a Successful Supervision Structure, Facilitate Peer Mentoring Supervision, Boundaries, Promote Professional Development and Reinforce Recovery Values.

This course is designed to review (and refresh) the RPS in the pertinent information and pillars of peer support supervision.



Course Overview

HOURS

CEU'S

In this course you can expect to spend about **6 hours**. Conducted through both live and self-paced sessions and involves active participation with course facilitators as well as other members of the learning community.

Our asynchronous team leaders are:
Jill and Lorenzo.



In-person at On Our Own of Frederick, your office (5+ more people required for attendance), and online on Canvas.

Where?!

RPS REFRESHER - SUPERVISING PEERS

MEET OUR TRAINING TEAM!



JILL KRISNITSKY Training Director, CPRS, RPS

Jill created the CPRS Training Program and asynchronous courses for OOFC. She also facilitates our Peer Supervision groups twice weekly and works one-on-one with the program participants.

jill.ooofc@gmail.com



LORENZO JONES Training Team

Lorenzo takes care of the behind the scenes training tasks, he assists with grading assignments, maintaining participant documentation and is here to help anyone who needs it!

lorenzo.ooofc@gmail.com
240.629.8015

Course Outline

WELCOME & INTRODUCTIONS OVERVIEW OF THE COURSE

- Welcome
- Course Overview
- Who Are We?
- Who Are You?
- Meet the Team
- RPS Requirements
- Application Process
- RPS Core Responsibilities
- Guiding Principles of RPS

SUPERVISING PEER WORKERS

- RPS Supervision
- Challenges
- Benefits
- Key functions of RPS
- Supervision Framework
- Fundamentals
- Strength Based Supervision Practices
- Skills and Capacities

WELLNESS & SELF-CARE

- Model of Recovery
- The Stages of Change
- 8 Dimensions of Wellness
- Why leaders should practice self-care

BEING AN ADVOCATE

- Multiple pathways to recovery
- Person Centered Language
- Cultural Competency
- Non discrimination

PROBLEM SOLVING / MENTORSHIP

- Facilitate Peer mentoring
- Creating a comfort agreement
- Problem Solving

ETHICS AS AN RPS

- Defining Ethics
- Ethical Terms to know
- Ethical Dilemmas
- Safety and confidentiality
- Reflection
- References

