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## CPRS TRAINING PROGRAM CURRICULUM

**The below outline is for volunteers trying to obtain their CPRS through the OOOFC/Project: Liberation CPRS Program. To participate in the CPRS Program the applicant MUST complete a minimum of 10 volunteer hours per week and a TOTAL of 150 all together as a volunteer at the OOOFC center.**

### **CPRS REQUIREMENTS (Through State of Maryland/MABPCB):**

- 25 Supervision Hours
- 46 CEUS (minimum requirement) obtained through courses
- 500 Peer Support Hours (volunteer hour curriculum requirements below)
  - ⇒ Once the above requirements are met you will complete the application and mail it in with a check for \$125
  - ⇒ Once the application is accepted you must pass the state exam to obtain the final certification

## OOOFC'S CPRS PROGRAM: VOLUNTEER CURRICULUM REQUIREMENTS

### **PHASE I – THE LEARNING PHASE: Take/Pass the following trainings**

- CPRS Orientation
- Peer Support 101
- Peer Ethics
- Professionalism (as a Peer) / Policies/Procedures CPRS Program
- Training Class on different jobs as a peer in the CPRS program (will give a JD for each position and talk about the different positions): *Administrative Position, Providing one-on-one Peer Support, Group Facilitation, Weekend Warmline Coverage, Peer Outreach "on-foot"*

### **General Requirements to phase up in Phase I:**

- Complete above trainings
- Must attend at least: 8 Peer Support Groups, 4 CPRS Support Groups, 2 CPRS Training Courses (that provide ceus) & obtain at least 6 supervision hours
- Must pass a phase I exam

### **PHASE II – THE “WORKING” PHASE:**

- Will rotate the 5 different job positions and they must have at least 10 hours (or 1 week) doing each position but 20 hours (or 2 weeks) of the Outreach on-foot position
- Must attend the Justice Jobs workshop and build their resume
- Must complete 5 1-on-1 peer support sessions (with peer support form/documentation)
- Must pass an exam to get to next phase
- Must earn at least 100 Peer Support Hours (volunteering at OOOFC)

### **PHASE III – THE LEADERSHIP PHASE:**

- You will be assigned to one of the 5 job positions
- You will be required to train the phase II participants in that position you have been assigned to
- Must attend either (or both) the Empowerment or Nutrition Group once a week while in Phase III
- Required to finish CEUs & Supervision hours
- Complete the CPRS Application & meet with supervisor for submission
- PASS & OBTAIN CPRS

**CPRS INTERNSHIP:** Every 4 months there will be a 4-6 month internship that will come available at OOO - this is a competing internship. If the participant does well in all phases they will have the opportunity to work with OOO and get paid! The candidate selected will work hard in all phases, act as a leader, show motivation and passion to help others.