

Complete CPRS CEU's Bundle!



Advocacy Ethics

Recovery Wellness Mentoring Education

Essential
Competencies
of a CPRS

30 CEU'S!

- GAIN COMPLETE MASTERY OF ALL FOUR COMPETENCIES
- LEARN THE INS AND OUTS OF WHAT A CPRS DOES AND DOES NOT DO
- BECOME CONFIDENT IN YOUR ABILITY TO PROFESSIONALLY DEVELOP HEALTHY PEER RELATIONSHIPS

Ethics For Peers

16 CEU'S!

- BECOME FAMILIAR WITH DIFFERENT PATHWAYS AND METHODS OF RECOVERY

- LEARN HOW TO USE PAST MISTAKES TO EMPOWER PEERS IN THE PRESENT

Peer Recovery

12 CEU'S!

PRESENTED BY

On Our Own of Frederick County
22 S Market Street, Suite 110
Frederick, MD 21701

TEACHERS

Jill Krisnitsky, RPS
Chris Ketterman



Essential Competencies of a CPRS

HOURS
CEU'S

This **30-hour** course is conducted through both live and self-paced sessions and involves active participation with course facilitators as well as other members of the learning community.

Our asynchronous team leaders are:
Jill and Chris.



In-person at On Our Own
of Frederick, your office
(5+ more people required
for attendance), and
online on Canvas.

Where?!

ABOUT THE COURSE

ETHICS FOR PEERS

Overview

This is a highly interactive Ethics training for peers, supervisors, and leaders. This space is co-created with our participants and grounded in emergent strategy. We will review real-life ethical dilemmas, transformative justice, eCPR (teaser), and much more! Participants are invited to bring questions & practice scenarios. Up to 16 CEUs offered.



How many hours?

You should plan on spending a total of (at least) **16 hours** reading, reflecting, and connecting with your peers.

Where?!

This course will be offered live and via Canvas, our online learning platform.

PEER RECOVERY

How many hours?

You should plan on spending a total of (at least) **12 hours** reading, studying, reflecting, connecting with your peers and taking practice tests to prepare you for the course. This is an asynchronous course to be completed at your own pace. There are no deadlines or due dates for the assignments. This is an interactive course through the Canvas Online Learning Platform.

Your online course instructors are: **Jill Krisnitsky, and Chris Kettermen.**



Where?!

This course will be offered live and via Canvas, our online learning platform. After registering for the course we will provide course instructions and you will receive an email from Canvas inviting you to the course.

MEET OUR TRAINING TEAM!



JILL KRISNITSKY

Executive Director, RPS

Jill created the CPRS Training Program and asynchronous courses for OOOFC. She also facilitates our Peer Supervision groups twice weekly and works one-on-one with the program participants.

CHRIS KETTERMAN

Training Team

Chris takes care of a lot of the behind-the-scenes work. If you need any tech support, he's your guy!



COMPLETE CPRS CEU'S BUNDLE

On Our Own of Frederick County, Inc.

Our Mission: Through peer support, we offer acceptance and a safe and supportive space for people with mental health and substance use challenges to heal, reconnect, and find our way forward.

Our Purpose: Frederick County will be a place where all can select their own recovery path and are supported in their choices.



COMPLETE CPRS CEU'S BUNDLE

CONTACT US

Please feel free to reach out to us for future partnerships, collaborations, customized trainings, and more!



Jill Krisnitsky

Executive Director

On Our Own of Frederick County, Inc.
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240.315.5614

22 S Market Street, Suite 110
Frederick, MD 21701

Jill has been with On Our Own of Frederick County, Inc. for over 3 years. She is in recovery and has been in the Health and Wellness field for over 10 years. "As a Director I strive to lead by example. I view our peers as the customer and always put their needs first. I strive to teach this in our trainings as well. We are here to help others in our community and make it a better place".

For more information about our trainings and CPRS Training Academy please visit us on the web:

www.onourownfrederick.org



OOOFC COURSE EVALUATION

onourownfrederick.org
(240) 629-8015

Please use the space below
for feedback!



Name of Course & Date _____

Instructor(s): _____

Please provide your answer, from a scale of 0 (not at all), 2 (neutral) and 5 (absolutely)

1. The training objects were met & clearly defined. 0 1 2 3 4 5
2. I have increased my knowledge because of this course. 0 1 2 3 4 5
3. The subject matter was engaging and held my attention. 0 1 2 3 4 5
4. The presenters were knowledgeable and well-prepared. 0 1 2 3 4 5
5. The audio/visual aids aided the presentation. 0 1 2 3 4 5
6. The facilitators created an engaging, online learning space. 0 1 2 3 4 5
7. I can immediately implement this learning. 0 1 2 3 4 5

What did you enjoy the most about today's training?

What would you change about today's training?

What did you get the most out of in today's training?

Anything else you'd like us to know?



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