Complete CPRS CEU's Bundle!



Advocacy

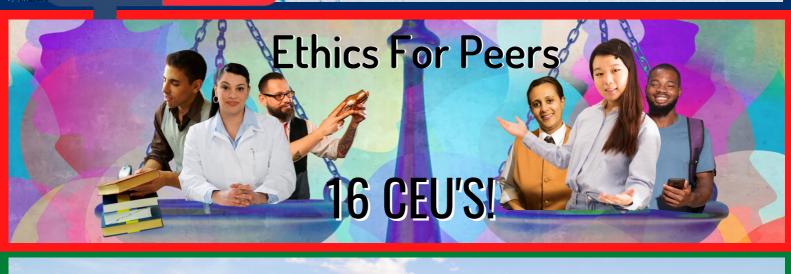
Ethics

Recovery Mentoring Wellness Education

Essential Competencies of a CPRS

30 CEU'S!

- GAIN COMPLETE MASTERY
 OF ALL FOUR COMPETENCIES
- LEARN THE INS AND OUTS OF WHAT A CPRS DOES AND DOES NOT DO
 - BECOME CONFIDENT IN YOUR
 ABILITY TO PROFESSIONALLY
 DEVELOP HEALTHY PEER
 RELATIONSHIPS



- BECOME FAMILIAR WITH DIFFERENT PATHWAYS AND METHODS OF RECOVERY
- LEARN HOW TO USE PAST MISTAKES TO EMPOWER PEERS IN THE PRESENT

Peer Lecovery

12 CEU'S!

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PRESENTED BY

On Our Own of Frederick County 22 S Market Street, Suite 110 Frederick, MD 21701

TEACHERS

Jill Krisnitsky, RPS

Chris Ketterman



Essential Competencies of a CPRS

HOURS CEU'S

This **30-hour** course is conducted through both live and self-paced sessions and involves active participation with course facilitators as well as other members of the learning community.

Our asynchronous team leaders are: Jill and Chris.

In-person at On Our Own of Frederick, your office (5+ more people required Where?! for attendance), and online on Canvas.



ETHICS FOR PEERS

Overview

This is a highly interactive Ethics training for peers, supervisors, and leaders. This space is co-created with our participants and grounded in emergent strategy. We will review real-life ethical dilemmas, transformative justice, eCPR (teaser), and much more! Participants are invited to bring questions & practice scenarios. Up to 16 CEUs offered.



How many hours?

You should plan on spending a total of (at least) **16 hours** reading, reflecting, and connecting with your peers.

Where?!

This course will be offered live and via Canvas, our online learning platform.

PEER RECOVERY

How many hours?

You should plan on spending a total of (at least)

12 hours reading, studying, reflecting,
connecting with your peers and taking practice
tests to prepare you for the course. This is as
asynchronous course to be completed at your
own pace. There are no deadlines or due dates
for the assignments. This is an interactive course
through the Canvas Online Learning Platform.
Your online course instructors are: Jill
Krisnitsky, and Chris Ketterman.



Where?!

This course will be offered live and via Canvas, our online learning platform. After registering for the course we will provide course instructions and you will receive an email from Canvas inviting you to the course.

MEET OUR TRAINING TEAM!



JILL KRISNITSKY

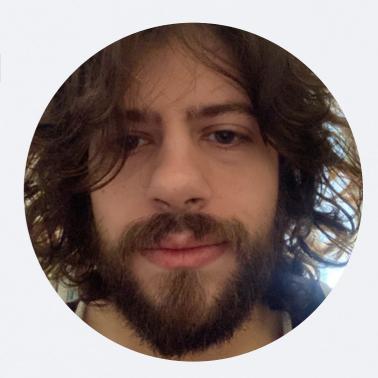
Executive Director, RPS

Jill created the CPRS Training
Program and asynchronous
courses for OOOFC. She also
facilitates our Peer Supervision
groups twice weekly and works
one-on-one with the program
participants.

CHRIS KETTERMAN

Training Team

Chris takes care of a lot of the behind-the-scenes work. If you need any tech support, he's your guy!





On Our Own of Frederick County, Inc.

Our Mission: Through peer support, we offer acceptance and a safe and supportive space for people with mental health and substance use challenges to heal, reconnect, and find our way forward.

Our Purpose: Frederick County will be a place where all can select their own recovery path and are supported in their choices.



COMPLETE CPRS CEU'S BUNDLE

CONTACT US

Please feel free to reach out to us for future partnerships, collaborations, customized trainings, and more!



Jill Krisnitsky

Executive Director

On Our Own of Frederick County, Inc. jill.ooofc@gmail.com 240.315.5614

22 S Market Street, Suite 110 Frederick, MD 21701

Jill has been with On Our Own of Frederick County, Inc. for over 3 years. She is in recovery and has been in the Health and Wellness field for over 10 years. "As a Director I strive to lead by example. I view our peers as the customer and always put their needs first. I strive to teach this in our trainings as well. We are here to help others in our community and make it a better place".

For more information about our trainings and CPRS Training
Academy please visit us on the web:

www.onourownfrederick.org



Anything else you'd like us to know?

OOOFC COURSE EVALUATION

onourownfrederick.org (240) 629-8015

Please use the space below for feedback!



ON OUR OWN

Name of Course & Date
Instructor(s):
Please provide your answer, from a scale of 0 (not at all), 2 (neutral) and 5 (absolutely)
1.The training objects were met & clearly defined. <u>0 1 2 3 4 5</u>
2. I have increased my knowledge because of this course. <u>0 1 2 3 4 5</u>
3. The subject matter was engaging and held my attention. 0 1 2 3 4 5
4. The presenters were knowledgeable and well-prepared. O 1 2 3 4 5
5.The audio/visual aids aided the presentation. <u>0 1 2 3 4 5</u>
6.The facilitators created an engaging, online learning space. <u>0 1 2 3 4 5</u>
7. I can immediately implement this learning. 0 1 2 3 4 5
What did you enjoy the most about today's training?
What would you change about today's training?
What did you get the most out of in today's training?